

BAY HOUSE

By Trade Winds Hotel

Lunch Menu

STARTERS

- Passion Fruit Catch Of The Day Ceviche 50
Fresh Local White Fish, Passion Fruit Leche De Tigre, Lime
- Exotic Tuna Tartar, Pico De Gallo 50
Local Tuna, Mango, Avocado, Sesame Seed, Soya
- Fried Calamari 42
Served With Creole Lime Mayo
- Caribbean Angus Beef Tartar 40
Angus Raw Beef, Season Peppers, Tartar Sauce, Crouton
-  Bay House Ginger Pumpkin Soup 35
Served With Crouton

MAINS

- Pan-Seared Tuna Medallion 95
Local Tuna, Caribbean Ratatouille
- Catch Of The Day 95
Creole Virgin Sauce, Sauteed Vegetables, Basmati Rice
- Baby-Back Ribs, Sorrel BBQ Glaze 80
Charred Whole Corn, Sweet Peppers, Mixed Vegetable Salad
- Jerk Chicken Skewer, Sweet Potato Salad 70
Chicken Thighs, Pineapple Salsa, Sweet Peppers, Red Onions

BURGERS & TACOS (your choice of fries or salad)

- Bay House Beef Burger (Blue Cheese Option \$9) 50
Angus Beef, Swiss Cheese, Mustard, Ketchup, Pickle, Onion Chutney
- Crispy Fried Chicken Burger 50
Smoked Back Bacon, Lettuce, Cucumber, Sweet Chili Sauce
- Mahi & Avocado Burger 60
Guacamole, Pickled Red Cabbage, Cucumber, Red Onion

EXTRA SIDES

- Basmati Rice, Fried Plantains Or Sauteed Veg 16
Spiced Potato Wedges, Baby Potatoes 22
Fries, Veg. Salad, Plantain Mash 18

Vegan Option

The lunch menu is available from 12pm to 3pm daily.
Dish modifications are accommodated as far as possible, this may result in a price change | Prices are inclusive of 17% ABST & exclusive of 10% service charge.

SALADS

- Crunchy Caesar Salad 39/56
Romaine Salad, Fried Chicken, Tomato, Caesar Dressing
- Lobster & Shrimp Salad 48/70
Lettuce, Mango Vinaigrette, Cherry Tomato, Pickles
-  Sweet Potatoes Salad, Honey Dressing 39/55
Red Onions, Chives, Coriander, Currants, Mustard & Honey
-  Vegetable Tempura 35
Served With Sweet Chili Sauce

PASTA & RICE

- Seafood Fettuccine 92
Shrimp, Lobster, Clams, Mussels, Creamy Curry Sauce
-  Asian Tofu Wok 70
Basmati Rice, Veg, Tofu, Sesame, Soya, Seeds
- Chicken Mushrooms Penne 72
Chicken breast, creamy mushrooms sauce
- Salmon & Spinach Fettuccine 80
Smoked Salmon, Creamy Spinach, Ricotta

- Lobster Tacos (3 Homemade Corn Tortilla) 60
Lobster, Chipotle Mayo, Pico De Gallo
- Jerk Chicken Tacos (3 Corn Tortilla) 48
Pineapple, Cucumber, Pico De Gallo
- Fish Tacos (3 Corn Tortilla) 60
Marinated Fried Fish, Chipotle Mayo, Pico De Gallo
-  Tofu Tacos (3 Corn Tortilla) 60
Marinated Tofu, Onion Chutney, Pico De Gallo

DESSERTS

- Antiguan Rum Crème Brûlée 32
- Pineapple Carpaccio, Passion Sorbet 32
- Bread Pudding With Rum Caramel 38
- Classic Chocolate Fondant 38
- Assorted Ice-Creams & Sorbets
- One Scoop 12
- Two Scoops 19